The WellSpring Private School
RAS AL KHAIMAH
A LifePlus® International School

Co-Curricular Activities

Term 2 – Club Descriptions

Clubs

At WellSpring, we value holistic education. Our clubs provide students with opportunities to extend their learning beyond the classroom—whether that means exploring a new interest or developing an existing passion. From arts, drama, and music to sport and technology, there is something for everyone. These experiences not only encourage personal growth but also help students enhance their social and academic skills while discovering new talents.

Term 2 Club Schedule

Please note: This schedule is subject to change. Clubs are dependent on student sign-ups, and those with low interest may not continue.

Clubs				
	Monday	Tuesday	Wednesday	Thursday
3:15 – 4:15	**K-2 Mini Taekwondo** **3-5 Recycled Creations** **6-12 Games Club** **9-12 Volleyball Boys** **9-12 Best Buds**	**K-2 Learn to ride** **4-8 Art Club** **3-6 Taekwondo** **3-5 Nature Lovers Club** **6-12 Henna Art Club**	**K-2 Mini movers** **K-2 Art** **2-5 Origami/Paper Creations** **3-5 Speed Math** **3-6 Beginner Brazilian Jiujitsu** **5-8 Interior Design Studio** **8-12 Volleyball Girls**	**K-2 Lego Building** **K-2 Little Explorers Club** **3-6 Girls Netball** **6-12 Chess club**

Club Cost

1st Activity – 200 AED

2nd Activity – 200 AED

3rd + Activity – 100 AED each

Example: Child 1 – Chess (200AED), Child 2 – Taekwondo + K-2 Rhythmic Movements (200+100). Total cost 500AED

Year-Long Club Cost : 500aed Term 1 Club Descriptions

Club Descriptions

MONDAY

3:15–4:15 PM

K–2 Mini Taekwondo

Our Mini Taekwondo Club introduces K–2 students to the basics of Taekwondo in a safe, active, and encouraging environment. Through fun movement drills, simple techniques, and teamwork-based games, students develop balance, focus, coordination, and confidence. With a strong emphasis on respect and positive behaviour, every child is supported to learn at their own pace while having lots of fun!

3–5 Recycled Creations Club

In Recycled Creations Club, students will turn everyday recyclable materials into creative art, crafts, and useful inventions. Through fun, hands-on projects, students will explore new ways to reuse materials while learning about recycling and caring for our environment.

We will grow our creativity, problem-solving, and design skills together as we discover how ordinary items can be transformed into something amazing!

6–12 Games Club

Love a good challenge? Join Games Club for fun competition as we play a variety of strategic card and board games, including Monopoly Deal, Rummy, Codenames, Guesstures, Karuba, and more! Build your problem-solving, teamwork, and strategic thinking skills while having fun with friends.

All skill levels are welcome!

9–12 Boys Volleyball Club

In Boys Volleyball Club, students will develop and refine their volleyball skills as they prepare for upcoming competitions in Term 3. Through structured training sessions, skill-building drills, team practices, and practice matches, students will focus on improving their serving, passing, setting, spiking, and defensive techniques. Students will also develop their understanding of game strategies, court positioning, and effective communication on the court.

We will build our fitness, confidence, teamwork, and sportsmanship together as we prepare to represent our school in Term 3 competitions!

9–12 Best Buds Club

In Best Buds Club, students will have the opportunity to build friendships, connect with others, and enjoy a variety of fun and engaging social activities. Through games, creative challenges, group activities, and shared experiences, students will develop their communication, collaboration, and interpersonal skills.

We will celebrate friendship, kindness, inclusion, and teamwork while creating positive connections and making wonderful memories together!

TUESDAY

3:15–4:15 PM

K–2 Learn to Ride Club

In Learn to Ride Club, students will develop their confidence and independence as they learn the fundamentals of riding a bicycle. Through fun, supportive and age-appropriate activities, students will practise balance, coordination, steering, braking, and safe riding skills.

We will build our confidence, balance, and perseverance together as we develop new skills, overcome challenges, and enjoy the excitement of learning to ride!

4–8 Art Club

In Watercolour Art Club, students will explore the art of watercolour painting through a focused and creative unit on animal portraits. Students will develop their painting techniques while learning about colour blending, layering, shading, texture, and detail to bring their animal subjects to life. This club offers a more challenging artistic experience for students who are enthusiastic about art and eager to develop their skills further.

We will grow our artistic confidence, patience, observation, and attention to detail together as we experiment with watercolours and create beautiful, expressive animal portraits!

Materials: Students may be required to bring their own good-quality watercolour paint sets to ensure they have suitable materials for the techniques and projects explored during the club. Further details will be shared before the club begins.

3–6 Taekwondo

In Taekwondo Club, students will explore the exciting world of martial arts through kicks, punches, blocks, forms, and fun skill challenges. Students will build their fitness, coordination, and self-defence awareness while learning the importance of respect, focus, and discipline.

We will grow our confidence, perseverance, and self-control together while developing fundamental Taekwondo skills in a fun and structured environment.

3–5 Nature Lovers Club

In Nature Lovers Club, students will explore the wonderful world around them through nature-inspired activities, outdoor discoveries, creative projects, and hands-on learning experiences. Students will investigate plants, animals, habitats, and the environment while developing a greater appreciation for the natural world.

We will grow our curiosity, observation, and environmental awareness together as we discover, explore, and learn about the amazing world around us!

6–12 Henna Art Club

In Henna Art Club, students will explore the beautiful art of henna through creative designs, intricate patterns, and hands-on artistic activities. Students will learn about traditional henna-inspired artwork while experimenting with shapes, lines, symmetry, and decorative patterns.

We will develop our creativity, patience, attention to detail, and artistic confidence together as we discover the beauty of this unique art form!

WEDNESDAY

3:15–4:15 PM

K–2 Mini Movers Club

In Mini Movers Club, students will get active through fun games, movement challenges, obstacle courses, and simple fitness activities. Each session will help students develop their balance, coordination, agility, and teamwork while building confidence through movement.

We will run, jump, balance, play, and move together while developing healthy habits and having lots of fun!

K–2 Art Club

This club is designed to provide an opportunity for your students to learn more art skills, collaborate with other students, and develop a love for the arts.

2–5 Origami & Paper Creations Club

In Origami & Paper Creations Club, students will explore the creative world of paper folding, cutting, and construction. Through fun, hands-on projects, students will learn to transform simple sheets of paper into exciting shapes, animals, decorations, and imaginative creations.

We will develop our creativity, concentration, patience, and fine motor skills together while exploring new techniques and bringing our paper creations to life!

3–5 Speed Math Club

In Speed Math Club, students will strengthen their mathematical skills through fun challenges, puzzles, mental maths activities, and exciting number games. Students will practise strategies to solve problems efficiently, improve their number fluency, and build confidence when working with numbers.

We will develop our mental maths, logical thinking, accuracy, and problem-solving skills together while discovering that maths can be exciting, challenging, and lots of fun!

3–6 Beginner Brazilian Jiu-Jitsu

Welcome to our Beginner Brazilian Jiu-Jitsu Club for students in Grades 3–6! This engaging and energetic club introduces children to the fundamentals of Brazilian Jiu-Jitsu in a safe, supportive, and fun environment. Through age-appropriate drills, games, and partner exercises, students will build confidence, coordination, and focus while learning valuable lessons in respect, self-discipline, and teamwork. Mr. Noah emphasizes safety and positivity, ensuring every child feels encouraged and empowered both on and off the mat. Whether your child is new to martial arts or just looking for an exciting way to stay active, this program offers a great balance of movement, mindfulness, and fun!

5–8 Interior Design Studio Club

The Design Studio Club is a creative, hands-on club for students interested in interior design, art, and turning ideas into reality. Students will explore how designers create functional and beautiful spaces through activities such as room layouts, mood boards, colour selection, furniture design, and space planning.

Led by an architect and interior designer, students will work both individually and collaboratively on engaging design projects while learning how professionals develop ideas from concept to final design.

8–12 Girls Volleyball Club

In Girls Volleyball Club, students will develop and refine their volleyball skills as they prepare for upcoming competitions in Term 3. Through structured training sessions, skill-building drills, team practices, and practice matches, students will focus on improving their serving, passing, setting, spiking, and defensive techniques. Students will also develop their understanding of game strategies, court positioning, and effective communication on the court.

We will build our fitness, confidence, teamwork, and sportsmanship together as we prepare to represent our school in Term 3 competitions!

THURSDAY

3:15–4:15 PM

K–2 LEGO Building Club

In LEGO Building Club, students will use their imagination to design, build, and create through fun LEGO challenges and hands-on projects. Students will experiment with different structures, solve building problems, and bring their creative ideas to life.

We will develop our creativity, problem-solving, teamwork, and design skills together while building, experimenting, and having fun!

K–2 Little Explorers Club

In Little Explorers Club, students will discover a new and exciting theme each week through hands-on activities, simple experiments, creative challenges, and playful investigations. From exploring water, light, space, building, and magnets to discovering how things work, each session will encourage students to ask questions, experiment, and learn through exploration.

We will grow our curiosity, creativity, observation, and problem-solving skills together as we explore a different topic each week and discover the wonders of the world around us!

3–6 Girls Netball Club

In Girls Netball Club, students will learn and develop the fundamentals of netball through fun drills, skill challenges, and team games. Students will practise passing, catching, footwork, shooting, and court positioning while building their understanding of the game.

We will develop our coordination, agility, communication, teamwork, and sportsmanship together while staying active, building confidence, and having fun on the court!

6–12 Chess Club

In Chess Club, students will develop their skills through strategy challenges, puzzles, practice games, and friendly competition. Students will learn how to plan ahead, recognize patterns, make effective decisions, and adapt their strategies during play.

We will build our critical thinking, problem-solving, concentration, patience, and sportsmanship together while enjoying the challenge of chess!

For further information regarding co-curricular activities please contact Mr. Luke Johnson via email luke.johnson@tws-rak.org

To sign up, go to Canvas – look for Elementary Lunch, Ms Lunch or Hs Lunch courses for sign up links!